# RESPONSIVE BODY

### HUMAN DEVELOPMENT CONSULTATION

Responsive Body Human Development Consultant Holly Johnston-Artist-Activist, MFA, BA Creator/Founder of Responsive Body

## **MISSION**

To provide services and support for human, social, or global growth and development that increases capacities for creating, learning, changing and enlivening processes that effect, affect, inform, perform, produce and drive the forces of art, culture, education, industry, technologies and civics.

## HISTORY

Responsive Body was created by Holly Johnston-a dedicated artist-activist working to promote practices and philosophies that improve our collective capacity to create space and new spaces for creative forces to materialize. These spaces are interior and within our bodies, but they are exterior and environmental, or systemic, or political. Responsive Body was created as a full-spectrum support matrix with services and support for individual health and wellness, group and organizational coordination, and civic/social practice that is informed by creative-artistic practices derived from artistic methods and process. Human development is embodied creativity animated through breathing and imagination.

## SUPPORT SERVICES

- Individual Health & Wellness
  - o Responsive Bodywork- biodynamic therapy for health and healing
- Career Consultation
  - o Individual sessions with comprehensive evaluation of talents, skills, interests and experience in order to help shape career trajectories and future aims
- Performing Artists
  - o Dramaturgy or Rehearsal Direction
  - o Artistic Respondent/ Feedback
  - o Written Discourse/Documentation/Reviews
  - o Choreographic Mentorship
- Academic Success
  - Academic support for writings, projects and assignments related to undergraduate and graduate course work
  - o Admissions process and school selection for high-schoolers
  - o Admissions essays
- Civic Engagement/ Social Practice- Large Scale Choreographies
  - o Consultation for groups, organizations, civic initiatives and educational institutions seeking to enhance developmental processes that produce knowledge, skills, connected networks, human performances, patterns of behavior, or living conditions.